



Kids Fitness Camp

- Dates:** June 23 - July 23, 2009
- Days:** Tuesday, Wednesday, Thursday (5 weeks)
- Time:** 6:00 PM – 8:00 PM
- Tuition:** \$90.00
- Location:** Stanislaus County Sheriff's Regional Training Center
3805 Cornucopia Way, Modesto, CA 95358
- Ages:** 5-12 years

Kids Fitness Camp is a dynamic way to keep your children active. The goal of our program is to promote fun, fitness, and nutrition through games and play. With lessons on exercise, sportsmanship, and eating right, your child will learn what a healthy lifestyle is all about and why it's important. Your kids will not even think of it as exercise!

Dress: Clothing suitable for physical activity and tennis shoes.

Registration Information:

To register for the challenge, please complete the course registration form online or contact the training center @ (209) 525-4701. www.sheriffstraining.org