



## Self Defense for Kids

- Dates:** June 23 – June 25, 2009
- Days:** Tuesday, Wednesday, and Thursday
- Time:** 6:00 PM – 8:00 PM
- Tuition:** \$30.00
- Location:** Stanislaus County Sheriff's Regional Training Center  
3805 Cornucopia Way, Modesto, CA 95358
- Ages:** 5 – 12 years old

Parents teach their children all sorts of safety tips like stop, drop, and roll or don't talk to strangers. But what if someone tried to abduct them? Would your child know what to do? It could happen in seconds.

The Sheriff's Regional Training Division offers **Self-Defense for Kids** that teaches children how to avoid and respond to a dangerous situation. Children learn to fight back with their personal body as a weapon to target vulnerable spots on an attacker. A child may not be able to overpower an adult, but they will learn how to respond to a potentially dangerous situation as quickly as possible before it escalates.

**Dress:** Clothing suitable for physical activity and tennis shoes.

### Registration Information:

To register for the workshop, please complete the course registration form online or contact the training center @ (209) 525-4701. For additional information check the website [www.sheriffstraining.org](http://www.sheriffstraining.org).